A Procedure for Visiting Japan

Before Departure

1. **Check Your Visa Requirement**
   - Pre Covid-19 visa exemption arrangements are resumed from 11th October. Please refer to [MOFA* website](#) for more details. Prescribed applications in the Entrants, Returnees Follow-up Systems (ERFS) are no longer required.

2. **Get a Valid Vaccination Certificate or a Covid-19 Negative Test Certificate**
   - All entrants must provide a Valid Vaccination Certificate or a Covid-19 Negative Test Certificate. A Covid-19 test must be conducted within 72 hours prior to your departure. Refer to the [MHLW* website](#) for details about a Valid Vaccination Certificate or the [MHLW* website](#) for a format of a Test Certificate. For more information on exception rules for children, please check the [JNTO website](#).

3. **Go to Visit Japan Web for smooth entry**
   - **Quarantine**
     1. Each visitor (including infants) needs to answer the "Questionnaire for Quarantine" from [Visit Japan Web](#).
     2. Register the Valid Vaccination Certificate or the Covid-19 Negative Test Certificate.
     3. Get a QR code.
   - **Immigration & Customs**
     - Register relevant information for immigration and customs and get another QR codes.
   - *From 1st November 2022, you cannot use MySOS. Please use Visit Japan Web.

4. **Buy Travel Insurance**
   - Medical expenses can be very high for foreign visitors to Japan who get injured or become ill during the stay.

At the Airport

1. **Quarantine**
   - Show your QR code from the "Questionnaire for Quarantine"
   - *If you don’t have a smartphone, you may present a printed copy of the dedicated screen or a certificate.

2. **Immigration & Customs**
   - Show your QR codes on [Visit Japan Web](#)
   - *If you don’t use Visit Japan Web, you may submit required paper documents(such as immigration card and customs declaration) on site.

After Arrival during your stay in Japan

Follow safety instructions and enjoy your trip in Japan!

**JNTO** provides the following information:

- [Preventive Measures](#)
- [FAQ](#)
- [Information in Case of Illness or Injury](#)

Call Center regarding quarantine measures:
**+81-50-1751-2158** or **+81-50-1741-8558**

MHLW* operates a call center for quarantine measures.
Available in English, Chinese, Korean and Japanese: 9 am - 9 pm (Japan Time) daily

Coronavirus Hotline

**A** Prefectural Consultation Services for Foreigners

**B** MHLW* Coronavirus Hotline

- (Please contact here when A is not available)
  - 0120-565-653

MHLW* operates a multilingual Covid-19 hotline.

- English, Chinese, Korean, Portuguese and Spanish:
  - 9 am - 9 pm (Japan Time) daily
- Thai: 9 am - 6 pm (Japan Time) daily
- Vietnamese: 10 am - 7 pm (Japan Time) daily

For Safe Travel / Further Help

**Japan Visitor Hotline:** **050-3816-2787**

JNTO* operates a hotline for tourist information and for assistance in case of emergencies.
Available in English, Chinese, Korean and Japanese: 24 hours a day, 365 days a year.

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* MOFA: Ministry of Foreign Affairs
* MHLW: Ministry of Health, Labour and Welfare
* JNTO: Japan National Tourism Organization
* All information here is gathered from the relevant authorities. Due to the regularly changing situation, it is essential for you to always check and follow the latest guidance.
* JNTO* is not liable for any trouble, loss, or damage arising from any acts performed under decisions based on this information.