

## Ski. Board. Play. Repeat.



**The Kannabe Highlands** are a popular destination for an abundance of outdoor activities all year round, and winter brings a myriad of seasonal activities. After more traditional sightseeing in Kyoto and Osaka is done, visitors to Japan can **ski, snowboard, sled, and more just three hours away in the Kannabe Highlands!**

The Kannabe Highlands are a mountainous area containing the crater of the Kansai region's youngest – but safely, extinct – volcano. The geological features of this volcano and the mountainous area make the Kannabe Highlands a great location for various snow activities for all ages and skill levels. Kannabe has the following three ski areas:

### UP KANNABE

- 4 courses, beginner to advanced
- Kids Snow Amusement Park (two locations)
- [Skiing lessons in English](#)
- Banana boat snow rafting & snow mobile activity

### OKU KANNABE

- ◆ 7 courses, beginner to advanced
- ◆ Beginner & Kids Park
- ◆ Advanced course with 35 degree slope
- ◆ Artificial snow area
- ◆ [Banana boat snow rafting](#)

### MANBA

- 7 courses, beginner to advanced
- Connected to Oku Kannabe through joint tickets
- Artificial snow area
- Kids Area



Sledding is great for all ages!



Banana boat rafting is one of several fun activities to try in the snow.



Visitors can enjoy skiing & snowboarding at all 3 resorts.

Our website has detailed information about ski courses, rental costs, snow activities, transportation, and more in [English](#), [Traditional Chinese](#), and [Thai](#).

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[Kinosaki Onsen](#) is a town of time-honored hot springs dating back 1300 years ago. It is home to seven public bathhouses, all located within walking distance of each other and the train station. Guests are encouraged to wear yukata and geta, stroll through the town, and go onsen-hopping.

[Toyooka](#) is a downtown area home to the Oriental White Stork, a bird that was revived from extinction in this very town. The city's efforts restored the Oriental White Stork population, and now over 200 fly the skies of Japan. Toyooka is also known for the Genbudo Caves.



[Izushi](#) is the resident castle town, popular for its nostalgic atmosphere of Edo-era Japan. It is home to many interesting attractions such as castle ruins, a samurai house, a kabuki theater, and a clock tower. The town's specialty is Izushi Sara Soba, buckwheat noodles served in small portions on small plates.

[Kannabe](#) is a mountainous area with fun activities year-round. In the winter, one can go skiing, snowboarding, snowshoeing, and sledding. In the warm months, one can go camping, paragliding, fishing, tree climbing, and more. Kannabe is the perfect destination for adventurers.



[Takeno](#) is a quaint fisherman town that is a hidden gem among the northern coast of Hyogo Prefecture. The beach has clear, blue waters while the mountains surrounding it offer great hiking opportunities. It is encouraged to stroll through the peaceful town, where one can find small shops and traditional landscapes.

[Tanto](#) is a quiet countryside town with magnificent nature—including a giant field of tulips in the spring and brilliant red-leaved trees in the fall.

